



ON LINE FOCUS GROUPS

Duration : 3 hours

- **May 27th, 2020, 2 to 5 pm.**
- **June 4 th, 2020, de 1 to 4 pm.**
- **June 11th, 2020, 2 to 5 pm.**
- **June 17th,2020 de 1 à 4 pm.**

CALL FOR PARTICIPATION

The Black students' Mental health in the context of racism in academia.

- ✓ You are a Black or Afro-descent student living in Canada.
- ✓ You are studying in a Canadian university for at least two years.
- ✓ You experienced (or are feeling) psychologic distress, anxiety in the course of your study, and you think this distress was (or is) related to racism in academia and/or epistemic injustices toward the Black People's history or culture.
- ✓ You want to participate in a pan-Canadian consultation about the consequences of racism in academia and more specifically its impact on mental health.
- ✓ This consultation is open to Black students whether or not they are Canadian, permanent residents, international students or other status.

Currently, as part of the program "Promoting health Equity - Mental Health of Black Canadians Fund " from the Public Health Agency of Canada, Dr. Agnès Berthelot-Raffard (philosopher, project manager of The Black Students' Mental Health Project and affiliated professor at UQAM) is carrying out a consultation on the subject of mental health of students from Black communities enrolled in a Canadian university. This consultation aims to better understand the impacts of the perception / manifestation of racism in an academic environment on the psychological health of students from Black communities.

You are invited to participate at a **three-hour focus group** for the first Canadian social innovation on mental health of African-Canadian students. The goals of this project are to address the systemic barriers faced by Black students at University, and to promote equity and social justice. The focus groups will be on the following topics: Black students' perception about academic factors likely to support or harm their psychological health, on-campus counseling services, and the consequences of racism on their psychological well-being.

All Black students are invited !

In order to make sure of considering various point of views, **we are seeking a large and diverse representation.** Women, international students, students of the LGBTQ groups, Black Muslim students, and people living with disabilities, please come! We want to ensure high representativeness and make sure to take into account your voices.

The consultation will remain strictly confidential. During the focus groups, a safe space will be offered to support communication, ensuring that it is respectful of the participants.

Participation in this consultation is on a voluntary basis. Participation will be unpaid.

For further questions and to be registered, you can reach Dr. Agnès Berthelot-Raffard by email: coordination.bsmhp@gmail.com and by phone at this number: (438) 822-4949

More details about the local where the consultation will be held, will be confirmed by email after your registration. This research received an ethics approval from the Université du Québec à Montréal: CIEREH-UQAM # 4037 e 2020.